

New AHG Family Information



What is American Heritage Girls (AHG)?

A Christ-centered ministry to help raise women of integrity that was started in 1995 (St. I AHG troop was established in 2006)

Girls ages 5-18 learn life skills through a multi-level badge program, develop teamwork and confidence through outdoor activities and other events, service the community and grow socially and spiritually

AHG has a Troop Shepherd. The Shepherd prays for the girls, leaders, and troop families. The Troop Shepherd also helps with other faith-focused initiatives each year.

The AHG Oath: I promise to love God, cherish my family, honor my country, and serve in my community.

The AHG Creed: As an American Heritage Girl, I promise to be compassionate, helpful, honest, loyal, perseverant, pure, resourceful, respectful, responsible, & reverent

Meetings

Every 2nd and 4th Tuesday of the month in Loyola Hall, right after school (3:30pm) until 5:15pm.

All of our units meet at the same time, kindergarten all the way through high school, which is convenient for parents with girls at multiple levels. This helps foster relationships between the older and younger units during activities pairing the older girls with younger girls.

Each meeting typically starts with an opening flag ceremony and prayer/reflection time. Then we break off into individual units for badge work and other activities. We meet back as a group for a closing flag ceremony and prayer right before pickup. All parents sign out each girl at their individual unit.

Levels and Uniforms: *The minimum age cut off is October 31st

When are uniforms worn? All girls are encouraged to have at least a vest, or sash (for badges) to wear to meetings and special events such as Court of Awards, AHG Mass, and service projects. Girls are welcome to wear the full uniforms which are detailed below.

Pathfinder: kindergarten (ages 5-6)

*Uniform: light blue Pathfinder t-shirt and navy-blue skirt, skorts, shorts, or slacks

Tenderheart: grades 1-3 (ages 6-9)

*Uniform: red vest, blue neckerchief, white polo, and navy-blue skirt, skorts, shorts, or slacks

Explorer: grades 4-6 (ages 9-12)

*Uniform: blue vest, red neckerchief, white polo, and khaki skirt, skorts, shorts, or slacks

ONLINE REGISTRATION
AHGFamily.org

Pioneer: grades 7-9 (ages 12-14)

*Uniform: blue sash, white polo, and khaki skirt, skorts, shorts, or slacks

Patriot: grades 10-12 (ages 14-18)

*Uniform: blue sash, red polo, and khaki skirt, skorts, shorts, or slacks

What is leveling up? Does my daughter need to level up?

Pathfinders automatically move up to the next level, Tenderhearts. All other levels complete a list of requirements to officially level up (a level award is earned).

Religious Awards

Every girl is encouraged to earn a religious award for each level. Some units work on the Catholic religious awards in their unit, and some have families primarily work on the religious award. Religious awards are a leveling up requirement.

Service Hours

Starting at Tenderhearts, each girl performs service hours each year. Some service hours are completed during meetings and some at outside service events.

Required annual hours: Tenderhearts: 5, Explorers: 10, Pioneers: 15, Patriots: 20

Badges

Girls earn badges with their units throughout the year. Girls are welcome to work on additional badges outside of meetings. The troop will pay for up to 4 badges earned during the year. Families are asked to pay \$4 for each badge beyond these 4.

Fundraising

Our troop does 1-2 fundraisers a year to help raise money for meeting materials, badges, and Spring Camporee.

What does AHG Cost? \$70 annual troop dues and a \$40 online AHG membership fee (AHGFamily.org).

What do I need to do as a parent?

Our troop encourages all families to get involved at some level. Families can bring food for an outing, help with registration, help with a service project, help plan a campout or other event, or help out with one of the units. Parents, grandparents, etc. are also welcome to become unit leaders or board members. Everyone here is a volunteer.

Does AHG Camp? Yes! Fall Camp in September or October (grade 4 & up) and a Spring Camporee (Tenderhearts & up).

Other Troop Activities: Father Daughter Night, Mother Daughter Night, Family Bowling