March for Life 2022 Packing List

- Sleeping bag, pillow. *Small* mat or air mattress. (If you want to share a queen-sized mattress then that would be acceptable)
- Phone, charger, portable backup charger/battery.
 - o Limit phone use, especially Friday, so that you can be reached in an emergency
- Toiletries. (Remember we DO NOT have showers at St. Lawrence but you are welcome to bring a towel to wash your face)
- Plenty of layers.
 - Temperatures in lower 20s.
 - Hat, gloves, scarf, good socks, WATERPROOF shoes (boots). Under Armour, Leggings for layered pants (so underneath jeans, leggings are NOT pants).
 - o Jacket
 - Poncho (if your jacket is not waterproof. NOTE: water resistant is NOT waterproof so bring a poncho to be safe. Even a cheap little plastic one will make a huge difference if we get caught in the rain)
- Hand and foot warmers
- Extra socks (for lounging around)
- Drawstring bag or SMALL backpack to carry supplies throughout the day
- Reusable water bottle
- Any medications you may need
- Rosary
 - Optional bible, notebook/pen for journaling
- Extra cash for meals (most notably on the road)
- Games (like playing cards or catchphrase) for the bus and downtown

Wardrobe Rules:

No leggings as pants

Leggings may be worn as pajamas

Leggings may be worn if you have shorts on over them or a long dress/shirt to cover up.

Shorts must be at least finger tips length (unless worn exclusively as pajamas) No exposed midriffs (no crop tops, unless worn exclusively as pajamas)

No exposed shoulders (no bro tanks, unless worn exclusively as pajamas)

Behavioral Expectations:

Follow dress code Follow all directions (3 strike warning system) Consequences: No phone, new seat on bus, time away from group games Parents will be contacted No bullying No foul language No PDA No illegal substances/items (Zero tolerance)