

A background image of a crucifixion scene with three crosses on a hillside. The central cross is the largest, with the inscription 'IN:RI' above it. The landscape shows a town in the distance and figures in the foreground.

# What Wondrous Love

A Holy Week Resource for Families

+

DIOCESE OF PHOENIX | OFFICE OF WORSHIP

ANNO DOMINI 2021





It is truly right and just,  
with ardent love of mind and heart and with devoted service of our voice,  
to acclaim our God invisible, the almighty Father,  
and Jesus Christ, our Lord, his Son, his Only Begotten,  
Who for our sake paid Adam's debt to the eternal Father,  
and, pouring out his own dear Blood,  
wiped clean the record of our ancient sinfulness.

*These then are the feasts of Passover,  
in which is slain the Lamb, the one true Lamb,  
who Blood anoints the doorposts of believers.*

- The Exsultet



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*Palm Sunday*  
OF THE PASSION OF THE LORD



## Celebrating Palm Sunday in the Domestic Church

Whether you are attending Mass in person or celebrating the day entirely at home, there are many ways to make Palm Sunday a rich and fulfilling celebration.

Over the next twenty pages you will find:

- Palm-themed activities and coloring pages
- Videos about Palm Sunday traditions.
- The Passion Narrative in parts
- Music and art focused on Jesus' entry into Jerusalem
- A separate "Mass Supplement" which can serve as a worship aid to help you follow along at Mass (particularly during the reading of the Passion!)



### VIDEOS:

- Did you know that the ashes placed on our heads on Ash Wednesday begin as blessed palm fronds from Palm Sunday? [Click here to watch a video](#) and learn more about the custom of burning palm fronds before Ash Wednesday.
- Bishop Barron talks about the meaning of Palm Sunday [in this video](#).
- Churches around the world celebrate the Palm Sunday procession in different ways. [This video](#) from Malaysia shows the procession as a dance.
- The Franciscan Foundation for the Holy Land has a series of video clips of the Palm Sunday procession at the Church of the Holy Sepulchre in Jerusalem [available here](#).

**[PDF Booklet - Passion according to Mark in parts for dramatization.](#)**

This is also available in illustrated form in the Mass Supplement.

# Coloring Pages

[Click here for a pdf of all the coloring pages](#)



## PALM BRAIDING AND CROSS MAKING

- [Read here](#) about the tradition of making intricate creations from palm fronds.
- Follow [these simple instructions](#) for making your own cross out of palm fronds.
- [Click here](#) for instructions on how to make a variety of palm items including roses and crowns

### Don't have palms?

- Make palms out of construction paper using [this pattern](#).
- Make palm fronds out of modeling clay.
- Create your own palm hangings and [path of palms](#) using craft store palms.

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## RECIPE: HOT CROSS BUNS

Hot Cross Buns are a traditional baked good for Holy Week and particularly fitting for Palm Sunday.

[A recipe is available here.](#)





# *The Mass of Palm Sunday of the Lord's Passion*

[Click here for the Mass Supplement](#)

Mass at SS Simon and Jude Cathedral will be televised  
at 9 am on AZTV7 and the Diocese of Phoenix YouTube  
and Facebook pages



Jerusalem in her Grandeur, Henry Courtney Selous, England, 1860

# *Palm Sunday and the Entry into Jerusalem in Art*



Entry into Jerusalem, mosaic, anonymous, Italy c. 1145





Entry into Jerusalem,  
Pietro Lorenzetti, Italy,  
c. 1320



Entry of Christ into Jerusalem, Diego Quispe Tito, Perú, c. 1650





The Queen Isabella Breviary, Flanders, 15th Century



入 都 城 發 嘆



甲伯大尼亞邑辣  
 雜球復活處  
 乙阿利俄山近白  
 法熱邑  
 丙宗徒如命產驢  
 以來  
 丁則端溪  
 少耶穌騎駒漸近  
 都城  
 邑人衆折擊樹枝  
 簇擁前後解衣  
 鋪地頌讚耶穌  
 庚都城人士恭迎  
 耶穌入城  
 辛耶穌入聖殿  
 去賣易者  
 壬耶穌救諸病者  
 癸聖母同諸聖女  
 遠望耶穌  
 見行紀七卷九

Christ Rides on a Colt, anonymous, Quanzhou, China, 1637





Christ Entering Jerusalem, Juan Correa, Mexico City Cathedral, 1691





Christ's Entry into Jerusalem, Gustave Doré, France, 1880





The Procession in the Streets of Jerusalem, James Jacques Tissot, France, c. 1890



Palm Sunday  
Fred Stratton  
England, 1907



Palm Sunday Procession under the Reign of Tsar Alexis Romanov,  
Viatcheslav Grigorievitch Schwarz, Russia, 1868







Girl with Palm Sunday Fronds, Kanutas Ruseckas, Lithuania c. 1830



# Sing Hosanna - Palm Sunday Music

Included here, and in the next few pages, is a selection of music for Palm Sunday.  
Included also are links to videos and audio files of the music being performed.  
Click on the blue links to view the videos.



[Gloria, laus, et honor'](#) —  
Palm Procession with Pope Francis  
Vatican 2019  
Music for the hymn on pg.

## Hosanna Filio David (Hosanna to the Son of David) - 4 Variations

[Gregorian  
Traditional](#)



[Spanish  
Contemporary](#)



[English  
Contemporary  
— Schutte](#)



[Taize](#)




## ALL GLORY, LAUD AND HONOR

ST. THEODULPH

  
1-5. All glo - ry, laud, and hon - or To you, Re - deem - er King!

  
1-5. To whom the lips of chil - dren Made sweet ho - san - nas ring.

  
1. You are the King of Is - ra - el, And Da - vid's roy - al Son,  
2. The com - pa - ny of an - gels Are prais - ing you on high;  
3. The peo - ple of the He - brews With palms be - fore you went:  
4. To you be - fore your pas - sion They sang their hymns of praise:  
5. Their prais - es you ac - cept - ed, Ac - cept the prayers we bring,

  
1. Now in the Lord's Name com - ing, Our King and Bless - ed One.  
2. And mor - tals, joined with all \_ things Cre - a - ted, make re - ply.  
3. Our praise and prayers and an - thems Be - fore you we pre - sent.  
4. To you, now high ex - alt - ed, Our mel - o - dy we raise.  
5. Great source of love and good - ness, Our Sav - ior and our King.

Text: 76 76 D; Theodulph of Orleans, ca. 760–821; tr. by John M. Neale, 1818–1866, alt., *Hymnal Noted*, 1854.  
Music: Melchior Teschner, 1584–1635.





## CROWN HIM WITH MANY CROWNS

DIADEMATA



1. Crown him with man - y crowns, The Lamb up - on his
2. Crown him the Lord of life, Who tri - umphed o'er the
3. Crown him the Lord of love, Be - hold his hands and
4. Crown him the Lord of peace, Whose pow'r a scep - ter
5. Crown him the Lord of years, The ris - en Lord sub -



1. throne; Hark! how the heav'n - ly an - them drowns All
2. grave, And rose vic - to - rious in the strife For
3. side, Rich wounds yet vis - i - ble a - bove In
4. sways From pole to pole, that wars may cease, Ab -
5. lime, Cre - a - tor of the roll - ing spheres, The



1. mu - sic but its own. A - wake, my soul, and sing
2. those he came to save. His glo - ries now we sing,
3. beau - ty glo - ri - fied. No an - gel in the sky
4. sorbed in prayer and praise. His reign shall know no end,
5. Mas - ter of all time. All hail, Re - deem - er, hail!



1. Of him who set us free, And hail him as your
2. Who died and rose on high, Who died, e - ter - nal
3. Can ful - ly bear that sight, But down - ward bends his
4. And round his pierc - ed feet Fair flow'rs of Par - a -
5. For you have died for me; Your praise and glo - ry



1. heav'n - ly King Through all e - ter - ni - ty.
2. life to bring, And lives that death may die.
3. burn - ing eye At mys - ter - ies so bright.
4. dise - extend Their fra - grance ev - er sweet.
5. shall not fail Through - out e - ter - ni - ty.

# HOSANNA FILIO DAVID

*Hosanna to the Son of David*

Chant, Mode VII

Ho-sán - na fí - li - o Da-vid: be - ne - dí -  
Ho-san - na to the Son of Da - vid: Bless-ed is

ctus qui ve - nit in nó - mi - ne Dó - mi - ni.  
he who comes in the name of the Lord.

Rex Is - ra - el:  
O King of Is - ra - el:

Ho - sán - na in ex - cé - l - sis.  
Ho - san - na in the high - est.

[Listen to the Hymn](#)

## LIFT UP YOUR HEADS, YE MIGHTY GATES

TRURO

1. Lift up your heads, ye might - y gates; Be - hold the  
2. O blest the land, the cit - y blest, Where Christ the  
3. Fling wide the por - tals of your heart; Make it a  
4. So come, my Sov - 'reign; en - ter in! Let new and

1. King of glo - ry waits! The King of kings is draw - ing  
2. rul - er is con - fest! O hap - py hearts and hap - py  
3. tem - ple, set a - part From earth - ly use for heav'n's em -  
4. no - bler life be - gin; Thy Ho - ly Spir - it guide us

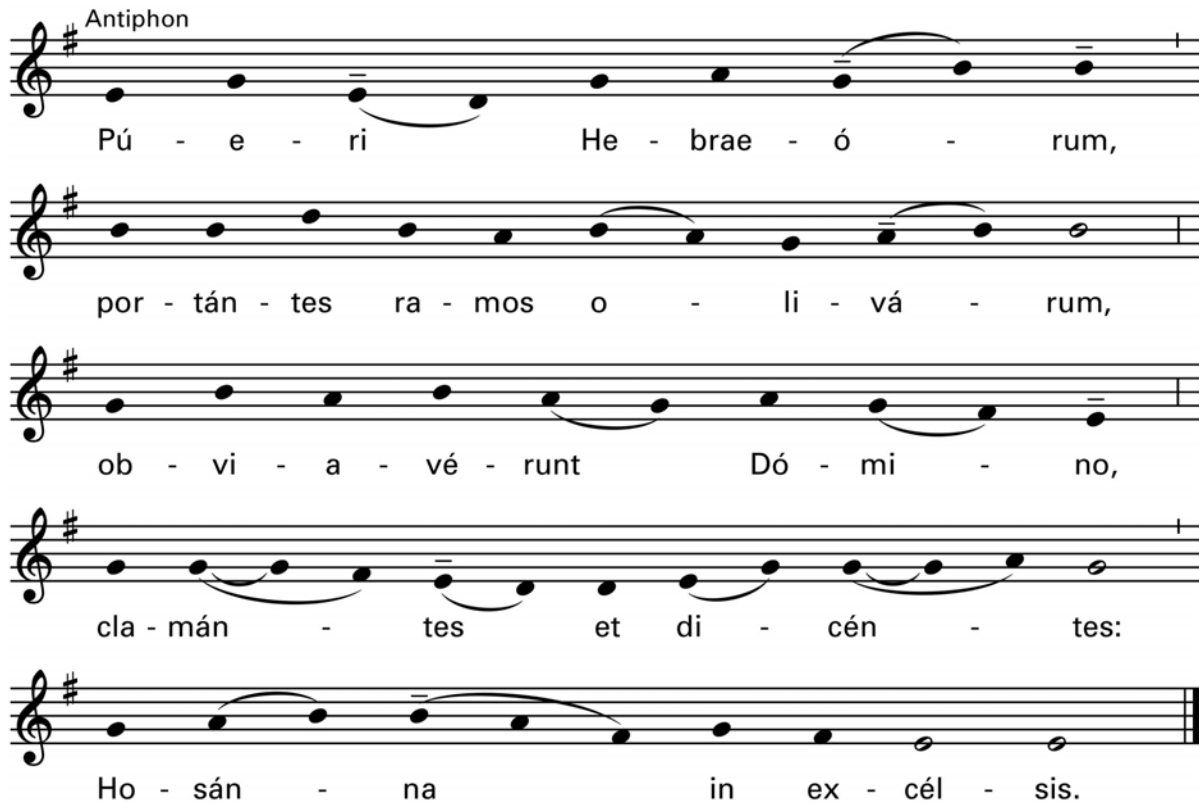
1. near; The Sav - ior of the world is here.  
2. homes To whom this King of tri - umph comes!  
3. ploy, A - dorned with prayer and love and joy.  
4. on, Un - til the glo - rious crown be won.



**PUERI HEBRAEORUM / PSALM 24**

Chant

Antiphon



Pú - e - ri He - brae - ó - rum,  
por - tán - tes ra - mos o - li - vá - rum,  
ob - vi - a - vé - runt Dó - mi - no,  
cla - mán - tes et di - cén - tes:  
Ho - sán - na in ex - cél - sis.

Text and music: Chant, Mode I; *Graduale Romanum*, 1974.



The Hebrew children  
bearing olive branches,  
went forth to meet the Lord,  
crying out, and saying,  
Hosanna in the highest.

# Ride On, Ride On in Majesty! 268

1 Ride on, ride on in maj - es - ty! Hear all the  
2 Ride on, ride on in maj - es - ty! In low - ly  
3 Ride on, ride on in maj - es - ty! The host of  
4 Ride on, ride on in maj - es - ty! Your last and  
5 Ride on, ride on in maj - es - ty! In low - ly

tribes ho - san - na cry; O Sav - ior meek, pur -  
pomp ride on to die. O Christ, your tri - umphs  
an - gels in the sky look down with sad and  
fierc - est strife is nigh. The Fa - ther on his  
pomp ride on to die, bow your meek head to

sue your road with palms and scat - tered gar - ments strowed.  
now be - gin o'er cap - tive death and con - quered sin.  
won - dering eyes to see the ap - proach - ing sac - ri - fice.  
sap - phire throne a - waits his own a - noint - ed Son.  
mor - tal pain, then take, O Christ, your power and reign.



# RIDE ON, KING JESUS

Spiritual

Refrain




Ride on, King Je - sus, No man can a - hin - der me,



Ride on, King Je - sus, ride on, No man can a - hin - der me.


Verses



1. King Je - sus \_\_\_ rides on a milk - white horse,  
2. I know that \_\_\_ my re - deem - er lives,  
3. If you want to find your \_\_\_ way to God,



1-3. No man can a - hin - der me; { The riv - er of Jor - dan  
And of \_\_\_ his bless - ing  
The gos - pel high - way



to Refrain

1. he did cross,  
2. free - ly gives,  
3. must be trod, } No man can a - hin - der me.



## THE WEEKDAYS OF HOLY WEEK

So often, the days between Palm Sunday and the Triduum get lost in a blur of activity. School and work distract us from the solemnity and holiness of this time. This year, take a few minutes each day to worship God in your domestic church.



Watch and pray along with daily Mass. Daily Mass is livestreamed in English and Spanish from St. Mary's Chandler. You can find it on the [Diocese of Phoenix YouTube Channel](#)



Do a good examination of conscience, make an act of contrition and try to make it to the Sacrament of Confession, if possible. *You should go to confession during Lent.*



Tenebrae is a candlelit middle of the night/early morning prayer service that is traditionally prayed on Good Friday and Holy Saturday. A mini but week long version is available for families [here](#).



Consider fasting on Monday, Tuesday, or Wednesday, in addition to the mandatory fast on Friday. Likewise, consider abstaining from all meat or animal products for the entirety of Holy Week.



[Pray the Angelus](#) at 6am, 12pm (noon) and/or 6pm. This is a beautiful and traditional devotion to Our Lady. What better way to spend the beginning of your Holy Week than consecrating the days to Our Lady.



Even if you are not able to pray along with a daily Mass, make a Spiritual Communion each day.



If you haven't had a chance to watch it yet, tune in to Fr. Parks' 2020 Virtual Lenten Mission on the [Diocese of Phoenix YouTube Channel](#) Take a [virtual pilgrimage](#) with Fr. Steve Kunkel in his ICT Course. Ascension Presents has a number of Lent videos including the [Role of Hope in Holy Week](#) and [Learning from Judas](#)



# MONDAY IN HOLY WEEK

## *Chrism Mass*

Chrism Mass is the Mass when the Holy Oils are blessed and consecrated. It is the most solemn Mass of the liturgical year and is an expression of the unity and priesthood the priests of the Diocese share with the Bishop. During the Mass, the priests will rejoice in the Holy Spirit's work in the Church, renew their priestly promises (vows), and the oils that anoint the catechumens, the newly baptized, confirmandi, priests, altars, and churches will be blessed and consecrated.

Chrism Mass traditionally takes place in the morning of Holy Thursday. The Bishop may opt to celebrate the Mass on another day in Holy Week should gathering on Thursday morning be a hardship. In the Diocese of Phoenix, Chrism Mass is always celebrated on Monday evening in Holy Week. The Chrism Mass will be live-streamed on Monday, March 29th at 6:30 pm on the Diocese of Phoenix YouTube Channel.

[CLICK HERE FOR THE 2021 CHRISM MASS WORSHIP AID](#)



The Anointment of David, Paolo Veronese, Italy, c. 1555



# *Holy Thursday*

THE WASHING OF THE FEET OF THE APOSTLES  
THE LAST SUPPER  
THE AGONY IN THE GARDEN  
THE ARREST

Above: Christ Washing the Disciples' Feet, Tintoretto, Italy, 1549



The feast of the Lord's Supper is also known as "Maundy Thursday." Some have suggested that the word "maundy" derives from the beginning of a phrase towards the end of the Last Supper account in John's Gospel: "Mandatum novum do vobis, ut diligatis invicem, sicut dilexi vos ..." ("A new commandment I give unto you, that you love one another as I have loved you."). — Jn 13:24. In many ways, this phrase is a recapitulation of the entire Gospel, and of Jesus' fulfillment of the Mosaic Law. At the same time, it is a verbal expression of the powerful message found in Holy Thursday's Gospel reading, in which Christ washes the Apostles' feet.

From Today's Catholic, Understanding the Liturgies of Holy Week

[Learn more about Holy Thursday with this video from catholic.org](#)

## SEVEN CHURCHES PILGRIMAGE

It is the pious custom of many Catholics to make a visit to seven churches on Holy Thursday, after the Mass of the Lord's supper. This practice is derived from the historic penitential custom of visiting seven basilicas in Rome and has its origins both in the [Via Francigena](#) pilgrimage route and the practices of St. Philip Neri.

Because of the need to maintain physical distancing this year, you may consider a couple spiritual and virtual alternatives to this practice.

(1) Make a virtual visit to the seven basilicas of Rome using the links below.

(2) Make a prayerful journey around the diocese using these scripture passages at each stop.

(3) Learn about how this pilgrimage is made in different countries.

[Visita Iglesia](#) (Philippines) and this [virtual Visita](#)

+ In India it is customary to visit up to 14 churches. In New Orleans, LA it is customary to visit 9.

## THE SEVEN CHURCHES:

[ST. PETER'S BASILICA](#) - [BASILICA OF ST. PAUL OUTSIDE THE WALLS](#) -  
[BASILICA OF ST. JOHN LATERAN](#) - [BASILICA OF ST. MARY MAJOR](#) -  
[BASILICA OF ST. LAWRENCE OUTSIDE THE WALLS](#) -  
[BASILICA OF THE HOLY CROSS IN JERUSALEM](#) -  
[SANCTUARY OF OUR LADY OF DIVINE LOVE](#)\*\*

\*\* In 2000, Pope John Paul II named the sanctuary as the 7th church, replacing St. Sebastian Outside-the Walls.

## COLORING PAGES

[Click here to download](#)



JESUS,  
TRULY  
PRESENT  
IN THE  
HOLY  
EUCCHARIST



### How can we celebrate Holy Thursday in the domestic church?

- Have a large family-style supper or reenact the Last Supper with bread, grape juice (or wine!) For an added challenge try to include some foods that Jesus and the disciples would have been familiar with and may have even had at the Last Supper. You can view what is on a traditional [Seder plate here](#).
- FOOT WASHING: Have your own foot washing at home and watch each others feet. [See the Foot Washing Ritual, coloring pages and video here](#).
- If watching a live-streamed or televised Holy Thursday Mass, ring bells and sing along with the Gloria.
- Holy Thursday celebrates both the Institution of the Eucharist and the Institution of the Ministerial Priesthood. Discuss the priesthood with your children and pray for the priests at your parish and all the priests who have died in the past year, especially those who have died in the pandemic. [Click here for some ideas on how to foster vocations in your household](#). Adults may want to explore “[The Biblical Foundations of the Catholic Priesthood](#)” in this online course from Dr. Ryan Hanning (cost \$7.50)
- In the evening, prepare your home for Good Friday — a day of fasting, abstinence, and mourning.
- Try to spend some time alone in a garden or outdoor area, and imagine yourself in the garden with Jesus. Wait with him in the Garden. Follow him when he is arrested. Pray for him as he is tried. Wait for him to emerge to be crucified.



# The Mass of the Lord's Supper

[Click here for the Mass Supplement](#)



Mass from St. Mary's in Chandler will be live-streamed on the Diocese of Phoenix Facebook and YouTube Channels

# Holy Thursday Foot Washing

Consider having your own Washing of the Feet at home. Read the Gospel passage for today as a family and then take turns washing each other's feet. All that's needed is a pitcher, a basin to catch the water (if you are doing it indoors) and a towel.

Gospel (Except)

John 13:4-10

[Jesus] rose from supper and took off his outer garments.  
He took a towel and tied it around his waist.  
Then he poured water into a basin and began to wash the disciples' feet and dry them with the towel around his waist.  
He came to Simon Peter, who said to him,  
"Master, are you going to wash my feet?"  
Jesus answered and said to him,  
"What I am doing, you do not understand now, but you will understand later."  
Peter said to him, "You will never wash my feet."  
Jesus answered him,  
"Unless I wash you, you will have no inheritance with me."  
Simon Peter said to him,  
"Master, then not only my feet, but my hands and head as well."  
Jesus said to him,  
"Whoever has bathed has no need except to have his feet washed, for he is clean all over; so you are clean, but not all."

## Antiphon / Prayer While Washing Feet

This is how all will know that you are my disciples: if you have love for one another

Or

I give you a new commandment, that you love one another as I have loved you, says the Lord.



[Video:](#) Foot Washing Antiphons Chanted (Latin)





[Video:](#) Foot washing at the Vatican with Pope Emeritus Benedict XVI at the Lateran Basilica (2011)

## Coloring Pages

*Click on the image*



Christ washing his Disciples Feet, Tintoretto (c.1547)

# *Holy Thursday in Art*



Mosaic from the Church of Sant' Apollinare Nuovo, Ravenna, Italy, 6th Century

*One of the earliest surviving depictions of the Last Supper.*





The Arrest of Christ (the  
Kiss of Judas), Giotto,  
Italy, c. 1306



The Last Supper, Leonardo da Vinci, Italy, 1490





The Agony in the Garden, Domenikos Theotokopoulos (El Greco), Spain, 1590





The Last Supper and the Agony in the Garden, anonymous, woodcuts, Beijing, China, 1640



The Agony in the Garden, anonymous, Cuzco, Perú, 17th Century





The Agony in the Garden,  
Miguel Antonio Martínez de Pocasangre, Guanajuato, México, c. 1750



The Last Supper Engraving for the Missale Romanum  
Typographia Regia 1781,  
Joaquin Carneiro da Silva, Portugal





Jesus Washing Peter's Feet, Ford Madox Brown, England, 1856

# Singing of the Bread of Life- Holy Thursday Music

A variety of traditional chants and Eucharistic hymns particularly suited to Holy Thursday are available in the following pages. All those hymns are in the public domain. In addition to those songs, here are some songs that are still under copyright.

[Eat this Bread](#)  
[I am the Bread of Life](#)  
[One Bread, One Body](#)  
[Pan de Vida](#)  
[Stay With Me](#)  
[The Servant Song](#)

## Ubi Caritas (Where Charity and Love Prevail)– 4 Variations

[Gregorian](#)  
[Traditional](#)



Ubi caritas et amor, Deus ibi

[Choral](#)  
[Maurice Durufle](#)



[Contemporary](#)  
[Trilingual](#)



[Taize](#)



Where charity and love are, there God is. The love of Christ has gathered us into one.

Let us exult, and in Him be joyful. Let us fear and let us love the living God.

And from a sincere heart let us love each other (and Him).

Where charity and love are, there God is.

Therefore, whensoever we are gathered as one: Lest we in mind be divided, let us beware.

Let cease malicious quarrels, let strife give way. And in the midst of us be Christ our God.

Where charity and love are, there God is.

Together also with the blessed may we see, Gloriously, Thy countenance, O Christ our God:

A joy which is immense, and also approved: Through infinite ages of ages. Amen.



## ADORO TE DEVOTE

ADORO TE DEVOTE

Verses 1-7: Latin



1. A - dó - ro te de - vó - te, la - tens Dé - i - tas,
2. Vi - sus, ta - ctus, gu - stus in te fál - li - tur,
3. In cru - ce la - té - bat so - la Dé - i - tas,
4. Pla - gas, si - cut Tho - mas, non in - tú - e - or:
5. O me - mo - ri - á - le mor - tis Dó - mi - ni,
6. Pi - e pel - li - cá - ne, Je - su Dó - mi - ne,
7. Je - su, quem ve - lá - tum nunc a - spí - ci - o,



1. Quae sub his fi - gú - ris ve - re lá - ti - tas:
2. Sed au - dí - tu so - lo tu - to cré - di - tur:
3. At hic la - tet si - mul et hu - má - ni - tas:
4. De - um ta - men me - um te con - fí - te - or:
5. Pa - nis vi - vus vi - tam prae - stans hó - mi - ni,
6. Me im - mún - dum mun - da tu - o sán - gui - ne,
7. O - ro fi - at il - lud quod tam sí - ti - o:



1. Ti - bi se - cor me - um to - tum súb - ji - cit,
2. Cre - do quid - quid di - xit De - i Fí - li - us:
3. Am - bo ta - men cre - dens at - que cón - fí - tens,
4. Fac me ti - bi sem - per ma - gis cré - de - re,
5. Prae - sta me - ae men - ti de te ví - ve - re,
6. Cu - jus u - na stil - la sal - vum fá - ce - re
7. Ut te re - ve - lá - ta cer - nens fá - ci - e,



1. Qui - a te con - tém - plans to - tum dé - fi - cit.
2. Nil hoc ver - bo ve - ri - tá - tis vé - ri - us.
3. Pe - to quod pe - tí - vit la - tro paé - ni - tens.
4. In te spem ha - bé - re, te di - lí - ge - re.
5. Et te il - li sem - per dul - ce sá - pe - re.
6. To - tum mun - dum quit ab o - mni scé - le - re.
7. Vi - su sim be - á - tus tu - ae gló - ri - ae.

## ADORO TE DEVOTE (CONT 2)

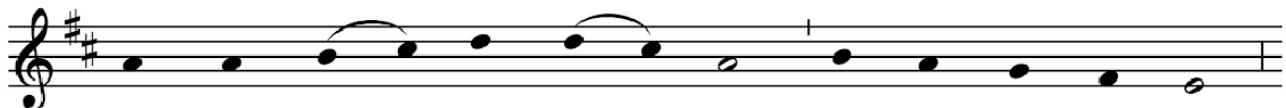
Verses 1-7: English



1. God - head here in hid - ing whom I do a - dore
2. See - ing, touch - ing, tast - ing are in thee de - ceived;
3. On the cross thy god - head made no sign to men;
4. I am not like Thom - as, wounds I can - not see,
5. O thou, our re - mind - er of the Cru - ci - fied,
6. Like what ten - der tales tell of the Pel - i - can,
7. Je - sus whom I look at shroud - ed here be - low,



1. Masked by these bare shad - ows, shape and noth - ing more,
2. How says trust - y hear - ing? that shall be be - lieved;
3. Here thy ver - y man - hood steals from hu - man ken:
4. But I plain - ly call thee Lord and God as he:
5. Liv - ing Bread, the life of us for whom he died,
6. Bathe me, Je - sus Lord, in what thy bos - om ran -
7. I be - seech thee, send me what I thirst for so,



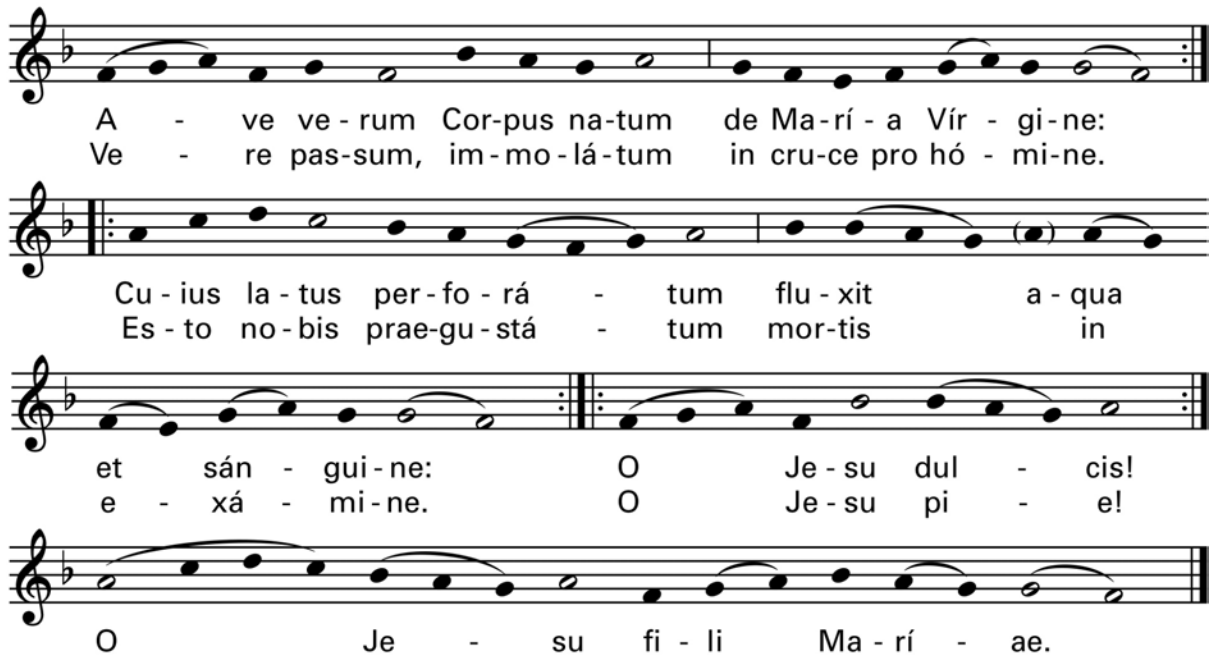
1. See, Lord, at thy ser - vice low lies here a heart
2. What God's Son has told me, take for truth I do;
3. Both are my con - fes - sion, both are my be - lief,
4. This faith each day deep - er be my hold - ing of,
5. Lend this life to me, then; feed and feast my mind,
6. Blood that but one drop of has the pow'r to win
7. Some day to gaze on thee face to face in light



1. Lost, all lost in won - der at the God thou art.
2. Truth him - self speaks tru - ly or there's noth - ing true.
3. And I pray the prayer made by the dy - ing thief.
4. Dai - ly make me hard - er hope and dear - er love.
5. There be thou the sweet - ness man was meant to find.
6. All the world for - give - ness of its world of sin.
7. And be blest for - ev - er with thy glo - ry's sight.



## AVE VERUM CORPUS



A - ve ve - rum Cor - pus na - tum de Ma - rí - a Vír - gi - ne:  
Ve - re pas - sum, im - mo - lá - tum in cru - ce pro hó - mi - ne.

Cu - ius la - tus per - fo - rá - tum flu - xit a - qua  
Es - to no - bis prae - gu - stá - tum mor - tis in

et sán - gui - ne: O Je - su dul - cis!  
e - xá - mi - ne. O Je - su pi - e!

O Je - su fi - li Ma - rí - ae.

Text and music: Chant, Mode VI; *Liber Cantualis*, 1983.

[Click here: Ave Verum Corpus by Mozart](#)

[Click here: Ave Verum Corpus by Byrd](#)

Hail, true Body, born  
of the Virgin Mary,  
having truly suffered, sacrificed  
on the cross for mankind,  
from whose pierced side  
water and blood flowed:  
Be for us a foretaste of the Heavenly banquet  
in the trial of death!



## Jesus, My Lord, My God, My All



1. Je - sus, my Lord, my God, my All,  
2. Had I but Mar - y's sin - less heart,  
3. O! see up - on the al - tar placed



How can I love thee as I ought?  
To love thee with, my dear - est King;  
The vic - tim of di - vin - est love!



And how re - vere this won - drous gift,  
O! with what bursts of fer - vent praise,  
Let all the earth be - low a - dore,



So far sur - pass - ing hope or thought?  
Thy good - ness, Je - sus would I sing.  
And join the choirs of heav'n a - bove.



Sweet Sac - ra - ment, we thee a - dore! O make us love thee



more and more! O make us love thee more and more.



## LORD, WHO AT THY FIRST EUCHARIST

UNDE ET MEMORES



1. Lord, who at thy first Eu - cha - rist did pray That
- \*1. *At that first Eu - cha - rist be - fore you died, O*
2. For all thy Church, O Lord, we in - ter - cede; Make
3. We pray thee, too, for wan - d'ers from thy fold; O
4. So, Lord, at length when sac - ra - ments shall cease, May



1. all thy Church might be for - ev - er one, Grant us at
1. *Lord, you prayed that all be one in you; At this our*
2. thou our sad di - vi - sions soon to cease; Draw us the
3. bring them back, Good Shep - herd of the sheep, Back to the
4. we be one with all thy Church a - bove, One with thy



1. ev - 'ry Eu - cha - rist to say With long - ing heart and
1. *Eu - cha - rist a - gain pre - side, And in our hearts your*
2. near - er each, to each we plead, By draw - ing all to
3. faith which saints be - lieved of old, Back to the Church which
4. saints in one un - bro - ken peace, One with thy saints in



1. soul, "Thy will be done." O may we all one bread, one
1. *law of love re - new. O may we all one bread, one*
2. thee, O Prince of Peace; Thus may we all one bread, one
3. still that faith doth keep; Soon may we all one bread, one
4. one un - bound - ed love; More bless - ed still in peace and



1. bod - y be, Through this blest Sac - ra - ment of U - ni - ty.
1. *bod - y be, Through this blest Sac - ra - ment of U - ni - ty.*
2. bod - y be, Through this blest Sac - ra - ment of U - ni - ty.
3. bod - y be, Through this blest Sac - ra - ment of U - ni - ty.
4. love to be One with the Trin - i - ty in U - ni - ty.

## PANGE LINGUA GLORIOSI



- |    |                         |                      |                |
|----|-------------------------|----------------------|----------------|
|    | 1. Pan - ge, lin - gua, | glo - ri - ó - si    | Cór - po - ris |
| *  | 2. No - bis da - tus,   | no - bis na - tus    | Ex in - tá -   |
|    | 3. In su - pré-mae      | no - cte ce - nae    | Re - cúm-bens  |
|    | 4. Ver - bum ca - ro,   | pa - nem ve - rum    | Ver - bo car - |
| ** | 5. Tan - tum er - go    | Sa - cra - mén - tum | Ve - ne - ré - |
|    | 6. Ge - ni - tó - ri,   | Ge - ni - tó - que   | Laus et ju -   |



- |                         |   |
|-------------------------|---|
| 1. my - sté - ri - um,  | San - gui - nís - que pre - ti - ó - si,  |
| 2. cta Vír - gi - ne,   | Et in mún - do con - ver - sá - tus,      |
| 3. cum frá - tri - bus, | Ob - ser - vá - ta le - ge ple - ne       |
| 4. nem éf - fi - cit,   | Fit - que san - guis Chri - sti me - rum, |
| 5. mur cér - nu - i:    | Et an - tí - quum do - cu - mén - tum     |
| 6. bi - lá - ti - o,    | Sa - lus, ho - nor, vir - tus quo - que   |



- |                                     |  |
|-------------------------------------|--|
| 1. Quem in mún - di pré - ti - um   | Fru - ctus ven - tris ge - ne - ró - si    |
| 2. Spar - so ver - bi sé - mi - ne, | Su - i mo - ras in - co - lá - tus         |
| 3. Ci - bis in le - gá - li - bus,  | Ci - bum tur - bae du - o - dé - nae       |
| 4. Et, si sen - sus dé - fi - cit,  | Ad fir - mán - dum cor sin - cé - rum      |
| 5. No - vo ce - dat rí - tu - i;    | Prae - stet fi - des sup - ple - mén - tum |
| 6. Sit et be - ne - dí - cti - o;   | Pro - ce - dén - ti ab u - tró - que       |



- |                                     |                 |
|-------------------------------------|-----------------|
| 1. Rex ef - fú - dit                | gén - ti - um.  |
| 2. Mi - ro clau - sit               | ór - di - ne.   |
| 3. Se dat su - is                   | má - ni - bus.  |
| 4. So - la fi - des                 | súf - fi - cit. |
| 5. Sén - su - um de - fé - ctu - i. |                 |
| 6. Com - par sit lau - dá - ti - o. | A - men.        |

\*Verses 1-4 are repeated as necessary until the procession reaches the place of reposition.

\*\*Verses 5-6 are sung while the priest, kneeling, incenses the Blessed Sacrament.

Then the Blessed Sacrament is placed in the tabernacle of reposition.

Text: St. Thomas Aquinas, 1227–1274; *Liber Hymnarius*, 1983.

Music: Chant, Mode III; *Liber Hymnarius*, 1983.



## PANIS ANGELICUS

Vatican

Hymn. 7.



**P** Anis angé-li-cus fit pá-nis hó-minum; Dat  
pá-nis caé-li-cus fi-gúr-is tér-minum: Ó res mi-  
rá-bi-lis! mandúcat Dómi-num Páu-per, sérvus, et  
húmi-lis. 2. Te trí-na Dé-i-tas, únaque pó-scimus,  
Sic nos tu ví-si-ta, sí-cut te có-limus: Per tú-as  
sémi-tas duc nos quo téndi-mus, Ad lú-cem quam  
inhá-bi-tas. A-men

*Thus Angels' Bread is made the Bread of man today:  
the Living Bread from heaven with figures dost away:  
O wondrous gift indeed! the poor and lowly may upon their Lord and Master feed.*

*Thee, therefore, we implore, o Godhead, One in Three,  
so may Thou visit us as we now worship Thee; and lead us on Thy way,  
That we at last may see the light wherein Thou dwellest aye. Amen.*

## WHAT WONDROUS LOVE IS THIS

WONDROUS LOVE

1. What won-drous love is this, O my soul, O my  
2. To God and to the Lamb I will sing, I will  
3. And when from death I'm free, I'll sing on, I'll sing

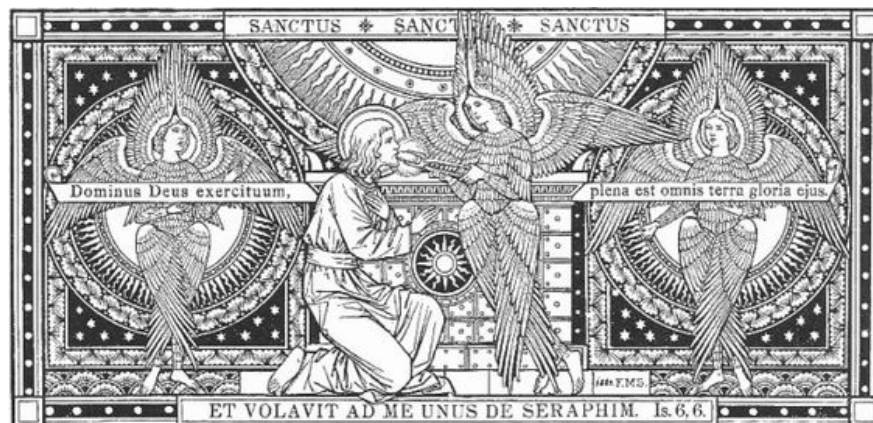
1. soul? What won-drous love is this, O my soul? What  
2. sing; To God and to the Lamb, I will sing; To  
3. on; And when from death I'm free, I'll sing on; And

1. won-drous love is this that caused the Lord of  
2. God and to the Lamb, who is the great I  
3. when from death I'm free, I'll sing and joy - ful

1. bliss To bear the dread-ful curse for my soul, for my  
2. AM, While mil-lions join the theme, I will sing, I will  
3. be, And through e - ter - ni - ty, I'll sing on, I'll sing

1. soul, To bear the dread-ful curse for my soul?  
2. sing; While mil-lions join the theme, I will sing.  
3. on! And through e - ter - ni - ty, I'll sing on.

Text: 12 9 12 12 9; anon.; first appeared in *A General Selection of the Newest and Most Admired Hymns and Spiritual Songs*, 1811, adapt. Music: William Walker's *The Southern Harmony*, 1835.







*Good Friday*  
THE PASSION OF OUR LORD JESUS CHRIST



**Nota bene: Good Friday is an obligatory day of fasting and abstinence from meat.**

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards. (For more information visit [uscceb.org](http://uscceb.org) )

Devotionally Good Friday is traditionally divided into two parts: The Way of the Cross and the Liturgy of the Passion. We walk with Jesus from his nighttime arrest in the Garden of Gethsemane. to his trial and sentencing to death. We watch as he is scourged and then as he begins the long, painful walk bearing the cross to his Crucifixion at Golgatha.

The Good Friday Section of this book contains:

- Resources and activities for Good Friday
- A PDF of the Stations of the Cross (traditionally prayed at noon on Good Friday)
- A Worship Aid with all the readings and prayers for the Liturgy of the Passion (traditionally prayed at 3 pm on Good Friday)
- A Devotional Resource - The Service of the Burial of Christ
- Art and music focused on the Crucifixion and death of Christ

## VIDEOS AND ONLINE CLASSES

Learn more about Good Friday by watching a video or two::

- A good introduction to the day from [Catholic Online](#)
- Fr. Muir from the Office of Worship and St. Thomas Aquinas hosts Catholic Breakfast. He has two videos focused on Good Friday - "[Holy Week: Good Friday](#)" (with Joel Morehouse) and "[Beauty and the Way of the Cross](#)" (with Geoff Stricklin).

If you are interested in diving a little bit deeper, The Institute of Catholic Theology has a few free online pre-recorded courses focused on the Crucifixion:

- [The Cross and the Beatitudes](#) - taught by Simone Rizkallah
- [Medical Perspective of the Cross](#) - taught by Deacon Dr. Peter Auriemma
- [Mary, Our Guide for Lent](#) - taught by Tom Perna

Video:

[The Veneration of the Cross at the Vatican](#)



Video:

[The Way of the Cross with Pope Francis](#)



## PRAY AND REFLECT

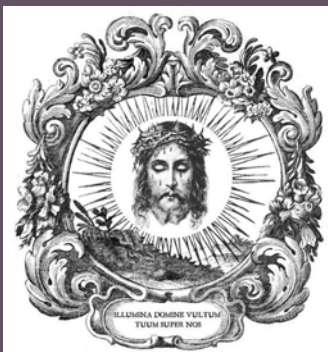
As a family, try to take some time to enter into the mystery of Christ's last hours, crucifixion, and death upon the Cross. Consider choosing an aspect or two of the liturgy or the mystery of Christ's sacrifice and death to meditate on, pray on, and discuss. Some ideas on what you could focus on:

- God's love for us and desire to restore us to communion with him;
- the cross itself and the role of trees, wood, and the True Cross in salvation history and Catholic culture.
- Mary accompanying Jesus / the Stabat Mater
- The people surrounding Jesus at his Crucifixion and their experiences of it: the centurion, the two criminals crucified also, the crowd, etc.
- The geography and locations in the Passion narrative.

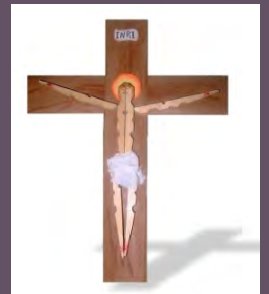
## Coloring Pages and Activities

[Stations of the Cross - Complete Set of Coloring Sheets](#)

[Click here for a PDF of all other coloring pages](#)



Paper Crown



Clothespin Crucifix



### Cross of Forgiveness

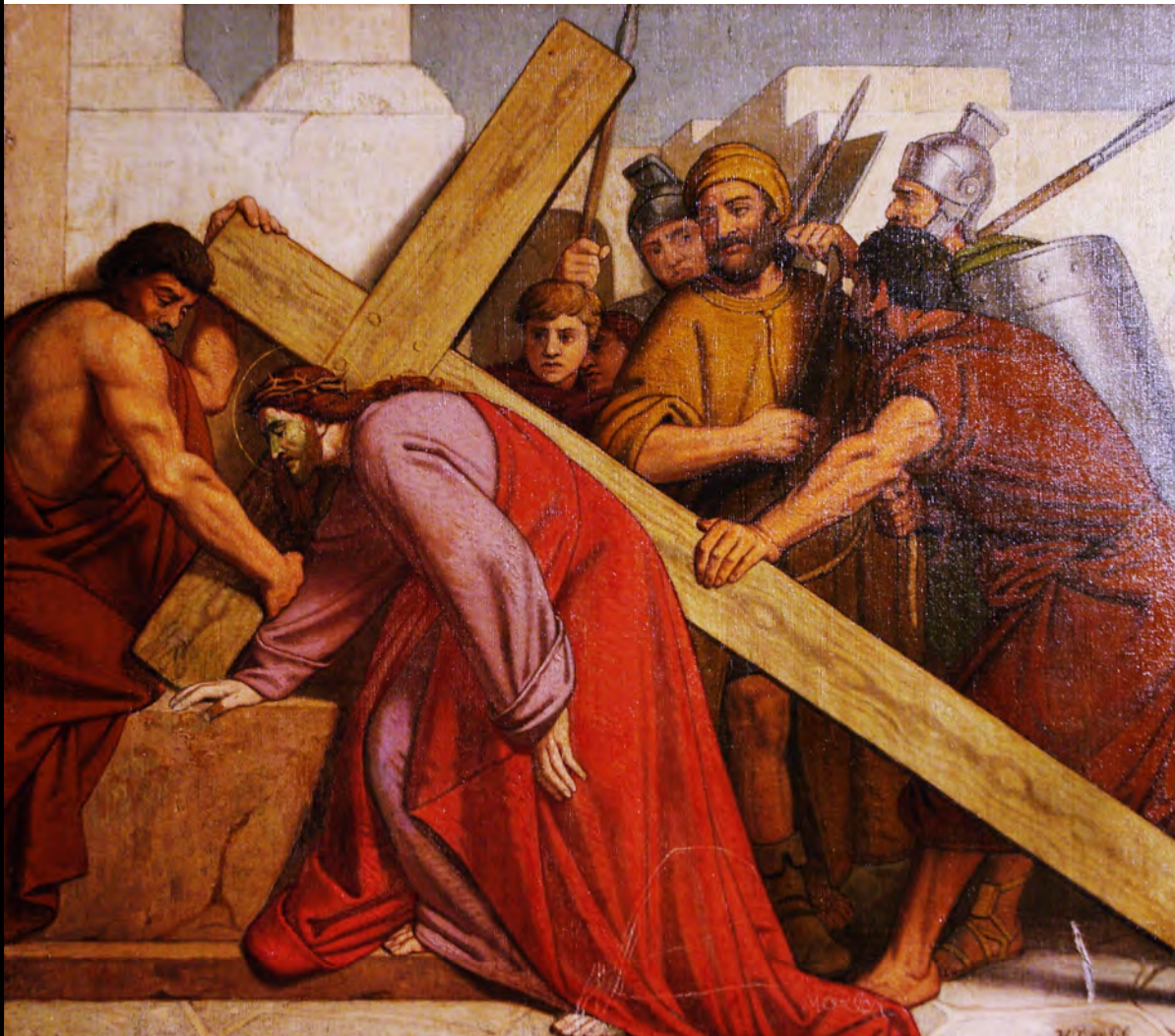
Purchase or make a simple cross. In the morning, reflect and discuss how Jesus in his ultimate and eternal sacrifice, freed us from sin and death. Leave the cross out all day for family members to reflect on their sins, particularly those things they want to work hard to overcome, and to nail (or clip or tie!) those sins to the Cross. Make sure that no one will read the sins. This can be part of a preparation for a confession on Good Friday or Holy Saturday.

*Pictured cross was purchased for \$6 at a nation-wide craft store.*

# *The Stations of the Cross*

[Click here for the Stations of the Cross Booklet](#)

You can also pray the Stations of the Cross online through a variety of Catholic organizations including the [University of St. Mary of the Lake](#) (Mundelein Seminary)





# *The Celebration of the Passion of the Lord*

[Click here for the Worship Supplement](#)

The Liturgy at SS Simon and Jude Cathedral will be  
televised at 3 pm on AZTV7 and the Diocese of Phoenix  
YouTube and Facebook pages



# *The Service of the Burial of the Lord*

[Click here for the Service Booklet](#)

This is a rare but beautiful way of continuing the journey with Christ all the way to the tomb. It can be prayed after the Liturgy of the Lord's Passion or on Holy Saturday.





# The Passion of Our Lord in Art

> Depictions of the Crucifixion didn't start appearing in Christian art until the 5th Century. Some of the earliest examples are included here.

## v The Rabbula Gospels, Syria, 586

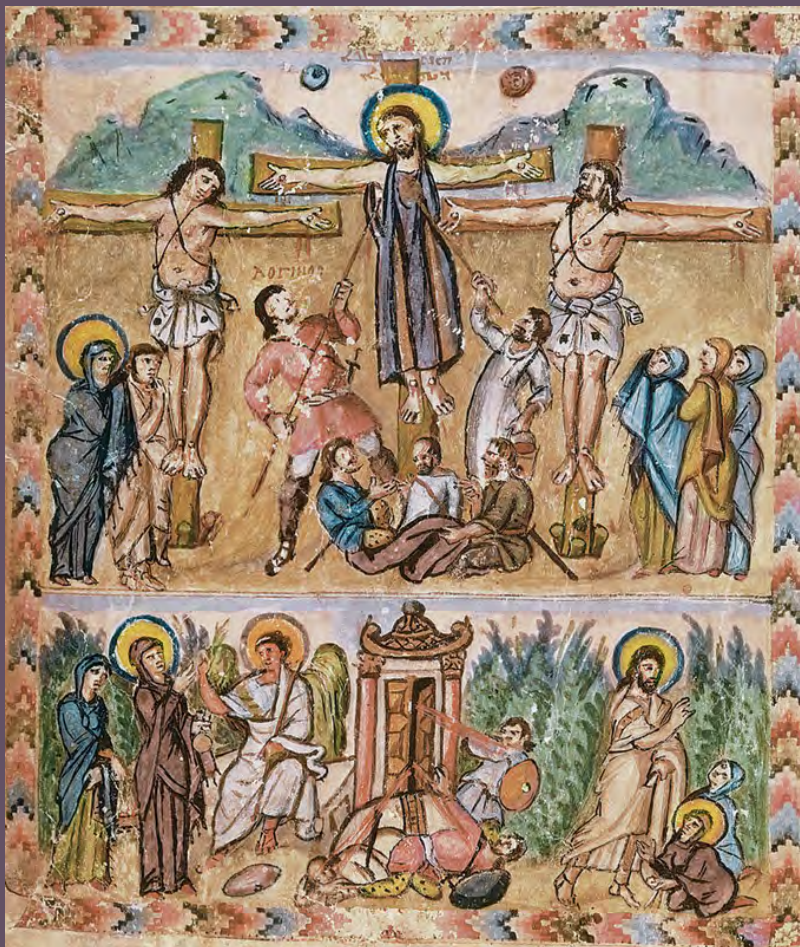
The Rabbula Gospels was produced at the Monastery of St. John of Zagba in modern-day Syria and is one of the first illuminated manuscripts in the Church.



Carved ivory box, c. 420



Carved door, Basilica of Santa Sabina, Rome, c. 430





Ecce Homo, Antonio Ciseri, Switzerland, c. 1860

*Behold the Man!*





Christ Carrying the Cross, Domenikos Theotokopoulos (El Greco)  
Spain, c. 1880





The Head of Christ, Correggio,  
Italy, c. 1530



Christ Carrying the Cross, Titian, Italy, c. 1560





St. Veronica with the Holy Kerchief, Master of St. Veronica, Germany, c. 1420





The Crucifixion, Fra Angelico, Italy, c. 1420





The Crucifixion, Vicente Albán, Quito, Ecuador, 1780





The Crucifixion, Bartolomé Estebán Murillo, Spain, c. 1675





The Descent from the Cross, anonymous, Quito, Ecuador, 18th Century



The Body of the Dead Christ in the Tomb, Hans Holbein the Younger, Germany, 1522







The Entombment of Christ, Caravaggio, The Vatican, 1603

# Singing the Passion- Good Friday Music



Video: Papal Veneration of the Cross  
Music: Popule Meus (Palestrina)

## Christus Factus Est (Motet) - 4 Variations

Romantic  
- Bruckner



Chant -  
Graduale



Austrian Baroque  
-Johann Haydn



Portuguese  
Baroque -  
Joaquim  
dos Santos



Christ became obedient for us unto death,  
even to the death, death on the cross.  
Therefore God exalted him  
and gave him a name  
which is above all names.





**ADORAMUS TE, CHRISTE  
(PALESTRINA)**

[Listen to the Motet](#)

**ADORAMUS TE, CHRISTE  
(TAIZE)**

[Listen to the Chant](#)

We adore Thee, O Christ, and we bless Thee,  
who by Thy Holy Cross  
hast redeemed the world.  
Thou, who hast suffered death for us,  
O Lord, O Lord, have mercy on us.

**BEHOLD THE WOOD**

[Listen](#)

**CRUCEM TUAM  
(BENEVENTAN PLAIN CHANT)**

[Listen to the Chant](#)

Antiphon: We adore Thy Cross, O Lord  
and we praise and glorify Thy holy  
Resurrection for behold by the wood of the  
Cross joy has come into the whole world.

Psalm: May God have mercy on us, and  
bless us may He cause the light of His  
countenance to shine upon us, and have  
mercy on us.

**MISERERE MEI DEUS  
(PSALM 50)**

[Listen to the Hymn](#)

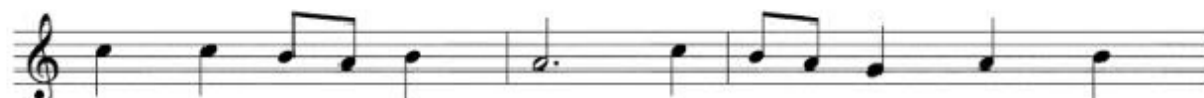
## O Sacred Head Surrounded



1. O Sa - cred Head sur-round - ed By crown of pierc - ing  
2. I see your strength and vig - or All fad - ing in the  
3. In this, your bit - ter pas - sion, Good Shep - herd, think of



thorn! O bleed - ing Head, so wound - ed, Re -  
strife, And death with cru - el rig - or, Be -  
me With your most sweet com - pas - sion, Un -



viled and put to scorn! The pow'r of death comes  
reav - ing you of life; O ag - o - ny and  
worth - y though I be: Be - neath your cross a -



o'er you, The glow of life de - cays, Yet  
dy - ing! O love to sin - ners free! Je -  
bid - ing For ev - er would I rest, In



an - gel hosts a - dore you, And trem - ble as they gaze.  
sus, all grace sup - ply - ing, O turn your face on me.  
your dear love con - fid - ing, And with your pres - ence blest.



## PERDÓN, OH DIOS MÍO

Traditional

Estribillo



Per - dón, oh Dios mí - o. Per - dón, in - dul - gen - cia. Per -



dón y cle - men - cia. Per - dón y pie - dad. Per - dón y pie - dad.

Estrofas




1. Pe - qué, ya mi al - ma su cul - pa con -  
2. La glo - ria he per - di - do, me - rez - co el in -  
3. Por mí en el Cal - va - rio tu san - gre ver -  
4. Mas ya a - rre - pen - ti - do te bus - co llo -



1. fie - sa. Mil — ve - ces me pe - sa de  
2. fier - no; ¡Per - dón! Pa - dre E - ter - no, Je -  
3. tis - te; en la Cruz es - tu - vis - te por  
4. ro - so. ¡Oh — Pa - dre a - mo - ro - so! ¡Oh

al Estribillo



1. tan - ta mal - dad, de tan - ta mal - dad.  
2. sús, per - do - nad, Je - sús, per - do - nad.  
3. mí has - ta ex - pi - rar, por mí has - ta ex - pi - rar.  
4. Dios de bon - dad, Oh Dios de bon - dad!

## PERDONA A TU PUEBLO

Tradicional

Estrillo



Per - do - na a tu pue - blo, Se - ñor, per - do - na a tu pue - blo, per -

Estrofas



dó - na - le, Se - ñor.

1. Por tus pro - fun - das lla - gas cru - e - les,
2. Por las he - ri - das de pies y ma - nos,
3. Por los tres cla - vos que te cla - va - ron,
4. Por las tres ho - ras de tu a - go - ní - a,
5. Por la a - ber - tu - ra de tú cos - ta - do,

al Estrillo



1. por tus es - pi - nas y por tus hie - les, per - dó - na - le, Se - ñor.
2. por los a - zo - tes tan in - hu - ma - nos, per - dó - na - le, Se - ñor.
3. y las es - pi - nas que te cla - va - ron, per - dó - na - le, Se - ñor.
4. en que por Ma - dre dis - te a Ma - rí - a, per - dó - na - le, Se - ñor.
5. no es - tés e - ter - na - men - te e - no - ja - do, per - dó - na - le, Se - ñor.





## AT THE CROSS HER STATION KEEPING / AL PIE DE LA CRUZ SANTA

STABAT MATER



- |    |  |                       |
|----|--|-----------------------|
| 1. | At the cross her sta - tion keep - ing,      | Stood the mourn - ful |
| 2. | Through her heart, his sor - row shar - ing, | All his bit - ter     |
| 3. | O how sad and sore dis - tressed, —          | Was that Moth - er    |
| 1. | Jun - to al pie de la Cruz san - ta          | Que del Hi - jo el    |
| 2. | ¿Qué pe - sar se j - gua - la - rí - a       | A la pe - na          |
| 3. | En su - pre - mó sa - cri - fi - cio         | Par - ti - ci - pa    |
| 1. | Sta - bat Ma - ter do - lo - ró - sa         | Ju - xta cru - cem    |
| 2. | Cu - ius á - ni - mam ge - mén - tem,        | Con - tri - stá - tam |
| 3. | O quam tri - stis et af - flí - cta          | Fu - it il - la       |



- |    |                          |                                     |                   |
|----|--------------------------|-------------------------------------|-------------------|
| 1. | Moth - er weep - ing,    | Close to Je - sus                   | to the last.      |
| 2. | an - guish bear - ing,   | Now at length the                   | sword has passed. |
| 3. | high - ly blest —        | Of the sole be - got - ten          | One!              |
| 1. | cuer - po a - guan - ta, | Con do - lor su                     | Ma - dre es - tá. |
| 2. | de Má - rí - a           | Al mi - rar - le a - go - ñi - zar? |                   |
| 3. | del su - pli - cio       | Y la an - gus - tia                 | de Je - sús.      |
| 1. | la - cri - mó - sa,      | Dum pen - dé - bat                  | Fí - li - us.     |
| 2. | et do - lén - tem,       | Per - tran - sí - vit               | glá - di - us.    |
| 3. | be - ne - dí - cta       | Ma - ter U - ni - gé - ni - ti!     |                   |

### English

- |   |   |
|---|---|
| 4. Christ above in torment hangs,<br>She beneath beholds the pangs<br>Of her dying, glorious Son.       | 10. Make me feel as thou hast felt;<br>Make my soul to glow and melt<br>With the love of Christ, my Lord. |
| 5. Is there one who would not weep,<br>Whelmed in miseries so deep,<br>Christ's dear Mother to behold?  | 11. Holy Mother, pierce me through,<br>In my heart each wound renew<br>Of my Savior crucified.            |
| 6. Can the human heart refrain<br>From partaking in her pain,<br>In that Mother's pain untold?          | 12. Let me share with thee his pain,<br>Who for all my sins was slain,<br>Who for me in torment died.     |
| 7. Bruised, derided, cursed, defiled,<br>She beheld her tender Child,<br>All with bloody scourges rent. | 13. Let me mingle tears with thee,<br>Mourning him who mourned for me,<br>All the days that I may live.   |
| 8. For the sins of his own nation<br>Saw him hang in desolation<br>Till his spirit forth he sent.       | 14. By the cross with thee to stay;<br>There with thee to weep and pray,<br>All I ask of thee to give.    |
| 9. O thou Mother! Font of love,<br>Touch my spirit from above,<br>Make my heart with thine accord.      | 15. Virgin of all Virgins best!<br>Listen to my fond request:<br>Let me share thy grief divine.           |

# WERE YOU THERE

WERE YOU THERE



1. Were you there when they cru - ci - fied my Lord?      Were you  
2. Were you there when they nailed him to the tree?      Were you  
3. Were you there when they laid him in the tomb?      Were you



1. there when they cru - ci - fied my Lord?      Oh!  
2. there when they nailed him to the tree?      Oh!  
3. there when they laid him in the tomb?      Oh!

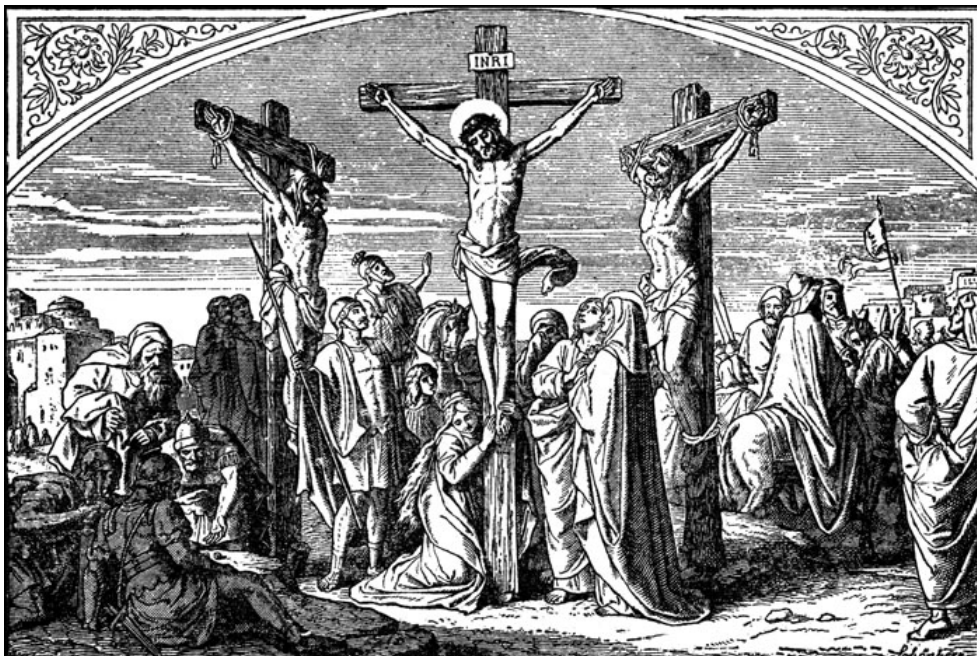


1-3. Some-times it caus-es me to trem-ble, trem-ble, trem-ble.



1.      Were you there when they cru - ci - fied my Lord?  
2.      Were you there when they nailed him to the tree?  
3.      Were you there when they laid him in the tomb?

Text: 10 10 14 10. Text and music: African American Spiritual





# *Holy Saturday*

The next day, the one following the day of preparation, the chief priests and the Pharisees gathered before Pilate and said, “Sir, we remember that this impostor while still alive said, ‘After three days I will be raised up.’

Give orders, then, that the grave be secured until the third day, lest his disciples come and steal him and say to the people, ‘He has been raised from the dead.’

This last imposture would be worse than the first.”

Pilate said to them, “The guard is yours; go secure it as best you can.”

So they went and secured the tomb by fixing a seal to the stone and setting the guard.

Matthew 27:62-66



On Holy Saturday the Church waits at the Lord's tomb in prayer and fasting, meditating on his Passion and on his Descent into Hell, and awaiting his Resurrection. The Church abstains from the Sacrifice of the Mass, with the Sacred table left bare until the solemn Vigil.

- Observe silence in the home. If you listen to music today, spend some time with the [De Profundis](#) or some of the Good Friday chants included in the last section.
- Fast and pray!
- Go to confession. Many of our churches offer the sacrament of Reconciliation on Saturday mornings - including on Holy Saturday!
- Reflect on a world without Jesus. This is especially meaningful this year when so many are deprived of the sacraments during the virus.
- Fast from entertainment like video games or social media.
- Attend the Vigil Mass in person or watch a live-stream or televised Mass.
- The Vigil Mass readings tell the story of God's Plan of Salvation. You can learn more by watching [Dr. Eric Westby's ICT course](#) on the subject.
- Prepare to celebrate the Resurrection of the Lord!

The Church of the Holy Sepulchre is built over the site of Jesus' crucifixion, death, burial, and Resurrection. The church contains the two holiest sites in Christianity: Calvary where Jesus was crucified and Jesus' tomb. At the center, sits the "edicule" directly over the tomb. A temple to Jupiter and Venus sat on the site until Constantine the Great ordered a church to be built there in 326.

When the temple was torn down, a rock-cut tomb was found and determined to be the burial site of Jesus. The great basilica was built over the site of Calvary (Golgotha) where Jesus was crucified and a rotunda built over the site of the tomb. The original church was consecrated in 335 A.D. The building was destroyed by a fire in 614 A.D., then burned in 935 A.D. and again in 966 A.D. In 1009, Caliph Al-Hakim ordered its complete destruction. It was rebuilt in 1048 A.D. Greek, Roman, Armenian, and Coptic churches all control a part of the church in a difficult balance between the various branches of Christianity.

It is a major pilgrimage site. The church closed for the first time since 1349 because of the coronavirus pandemic.





# LIGHT

Light plays a critical role in the Easter Vigil. When Christ is crucified, dies, and descends into the underworld, the light of the world disappears with him.

"It was now about the sixth hour, and there was darkness over the whole land until the ninth hour, while the sun's light failed; and the curtain of the temple was torn in two.

Then Jesus, crying with a loud voice, said, "Father, into thy hands I commit my spirit!" And having said this he breathed his last." (Luke 23:44-45)

With the kindling of the Easter fire and the lighting of the Paschal candle from its flames, we declare Christ resurrected, that the Light of Christ has returned to the world. From that one flame, the candles of all the faithful are lit.

- Learn about the Paschal Candle with the [Illustrated Guide to the Paschal Candle](#) from FOCUS Campus Ministry.
- To learn more about light and the Exsultet with this article from the [USCCB](#).
- Pope Benedict XVI explained the symbols of the Easter Vigil: light, water and the Alleluia in his [2009 Easter Vigil homily](#).

\*\*\* If your family members have your baptismal candles handy, relight them tonight and renew your baptismal promises in unity with the Elect being baptized tonight.\*\*\*



The Holy Fire in the Holy Sepulchre, Jerusalem

# *The Easter Vigil*

MAY THE LIGHT OF CHRIST RISING IN GLORY  
DISPEL THE DARKNESS OF OUR HEARTS AND MINDS

[CLICK HERE FOR THE WORSHIP AID](#)





# *Easter Sunday*

THE SUNDAY OF THE RESURRECTION



Resurrection, Sebastiano Ricci (c. 1715)



# Celebrating Easter in the Domestic Church

The liturgical season of Easter begins at the Easter Vigil and continues for the 50 Days until Pentecost. This is a time of celebration and thanksgiving. This is the time Our Lord and Savior rose from the dead, walked and talked with his disciples, and ascended into heaven. We will celebrate the feast of the Ascension on May 16th and the sending of the Holy Spirit to the apostles at Pentecost on May 23rd. The celebration of the Resurrection of Christ is especially celebrated during the Octave of Easter - the 7 days of Easter Week and the following Sunday. During the Octave, the Gloria is sung every day during Mass and the full Roman Canon is prayed.

These videos may help you to explore and meditate on the meaning and significance of the Resurrection:

[Easter Sunday—Catholic Online](#)

[Bishop Barron on the Meaning of Easter](#)

[Bishop Barron on the Resurrection of Jesus](#)

[Fr. Mike Schmitz—Easter Special](#)

## Easter

MOST glorious Lord of Lyfe! that, on this day,  
Didst make Thy triumph over death and sin;  
And, having harrowd hell, didst bring away  
Captivity thence captive, us to win:  
This joyous day, deare Lord, with joy begin;  
And grant that we, for whom thou diddest dye,  
Being with Thy deare blood clene washt from sin,  
May live for ever in felicity!  
And that Thy love we weighing worthily,  
May likewise love Thee for the same againe;  
And for Thy sake, that all lyke deare didst buy,  
With love may one another entertayne!  
So let us love, deare Love, lyke as we ought,  
—Love is the lesson which the Lord us taught.

Sir Edmund Spenser



Watch the Pope's 11am Easter Mass which will be followed by an "urbi et orbi" message (to the city and the world). The Mass will be broadcast on Vatican News' YouTube Channel. The Urbi et Orbi is accompanied by a papal blessing and can earn a plenary indulgence.



Χριστὸς ἀνέστη! – Ἀληθῶς ἀνέστη!  
Christ is Risen! – He is risen indeed!



The traditional Easter greeting is "Christo Aneste - Aletheos Aneste! or "Christ is Risen - Truly He is Risen! / He is Risen Indeed!"

Provided here is a pattern for a pennant bunting with this saying in Greek. The bunting may be used plain or decorated with stickers and drawings. Simply cut out, fold the top flap over a ribbon, and glue down.

[Click here for the pattern.](#)

Included here are some activities to enrichen your family's experience of Easter:

- [Early Morning Encounter](#) (Skit by John McNeil) - Simple 4 part skit of the women arriving at the empty tomb.
- [The Road to Emmaus Play](#) (from Loyola Press). A simple skit with 5 parts.
- [An Interview with Thomas](#) (from Loyola Press). A role-playing exercise where children pretend to interview Thomas about his experience with the Resurrected Jesus.
- [Coloring pages available here](#)



## Blessing of Easter Foods

*It is a pious and traditional practice for fast from Thursday night until the Vigil. This blessing is used for the meal that breaks the Easter Fast.*

God of glory, the eyes of all turn to you as we celebrate Christ's victory over sin and death  
Bless + us and this food of our first Easter meal.

May we who gather at the Lord's table, continue to celebrate the joy of his resurrection and be admitted finally to his heavenly banquet.

Grant this through Christ our Lord.

Amen



# Mass of the Resurrection

[CLICK HERE FOR THE WORSHIP AID](#)

Mass at SS Simon and Jude Cathedral will be televised at 9 am on AZTV7 and the Diocese of Phoenix YouTube and Facebook pages.

This worship aid is intended to help those viewing watching or attending the Mass at any of our Churches to more fully participate.





# The Resurrection of Our Lord Jesus Christ in Art



## Chi Rho with Wreath

Panel from a sarcophagus.

Tormarancia catacomb, Rome, Italy c. 350.

This is a symbolic representation of the Resurrection of Christ. The Chi Rho is a Christogram formed by superimposing the first two letters of Christ / Christos. The laurel wreath symbolizes the victory of Christ over the Cross and the Roman soldiers.

## Touch Me Not



Noli me tangere,  
Giotto, Italy, c. 1305

The Women Going to the Sepulchre, Robert Anning Bell, England, 1912



The Three Women on the Tomb of Christ, Irma Martin, France, 1843





The Raising of Adam and Eve, anonymous, Turkey, c. 1315

In the eastern churches, the Resurrection itself is never depicted. Resurrection icons typically show the Myrrh bearers (the women who come to anoint Jesus in the tomb) and the Harrowing of Hell. The latter recalls Christ descending into Hell between the time of his Crucifixion and his Resurrection, when he brought salvation to all of the righteous who had died since the beginning of the world. This is depicted as Jesus raising Adam and Eve out of the grave and to new life.





Detail from a book of Graduals, anonymous, Italy, late 15th Century. A Gradual(e) book contains chants, psalms, and hymn for Mass.

The Resurrection of Christ, Peter Paul Rubens, Belgium, 1612. Triptych (painting in three parts) painted for the tomb of Jan Moretus, a printer.







The Resurrection of Christ, Raphael, Italy, 1500





*... Go to my brethren  
and say to them,  
I am ascending to my Father  
and your Father,  
to my God and your God*

John 20: 17b

^ The Resurrection,  
Gaspar de Figueroa,  
Colombia, c. 1640

> The Resurrection,  
anonymous, Cuzco, Perú,  
18th Century





# Singing Alleluia - Music for Easter Sunday

## Victimae Paschali Laudes

Easter is one of two days that a Sequence is required to be sung before the Gospel. Sequences are hymns sung just before the Alleluia. It is intended as a musical, meditative extension of the Alleluia verse. The custom of including a sequence is thought to have begun in the ninth century. The Easter Sequence is the Victimae Paschali Laudes.

[Latin](#)  
[Chant](#)



[English](#)  
[Plainchant](#)

[Latin](#)  
[Choral](#)



[A la](#)  
[victima](#)  
[Pascual](#)

Christians, to the Paschal Victim  
Offer your thankful praises!  
A Lamb the sheep redeems;  
Christ, who only is sinless, Reconciles sinners to the Father.  
Death and life have contended in that combat stupendous:  
The Prince of life, who died, reigns immortal.  
Speak, Mary, declaring What you saw, wayfaring.  
“The tomb of Christ, who is living,  
The glory of Jesus’ resurrection; bright angels attesting,  
The shroud and napkin resting.  
Yes, Christ my hope is arisen; to Galilee, he goes before you.”  
Christ indeed from death is risen, our new life obtaining.  
Have mercy, victor King, ever reigning!  
Amen. Alleluia.

## ALLELUIA! SING TO JESUS

HYFRYDOL



1. Al - le - lu - ia! Sing to Je - sus! His the scep-ter, his the  
2. Al - le - lu - ia! King e - ter - nal, Thee the Lord of lords we  
3. Al - le - lu - ia! Al - le - lu - ia! Glo - ry be to God on



1. throne; Al - le - lu - ia! His the tri - umph, His the vic - to -  
2. own. Al - le - lu - ia! Born of Ma - ry, Earth thy foot-stool,  
3. high; Al - le - lu - ia to the Sav - ior Who has won the



1. ry a - lone; Hark! The songs of peace - ful Zi - on  
2. heav'n thy throne: Thou with - in the veil hast en - tered,  
3. vic - to - ry; Al - le - lu - ia to the Spir - it,



1. Thun - der like a might - y flood; Je - sus out of  
2. Robed in flesh, our great High Priest; Thou on earth both  
3. Font of love and sanc - ti - ty; Al - le - lu - ia!



1. ev - 'ry na - tion Hath re - deemed us by his blood.  
2. priest and vic - tim In the Eu - cha - ris - tic feast.  
3. Al - le - lu - ia! To the tri - une maj - es - ty.

Text: 87 87 D; based on Revelation 5:9; William Dix, 1837-1898, and compilers.  
Music: Rowland H. Prichard, 1811-1887.





## AT THE LAMB'S HIGH FEAST

SALZBURG



1. At the Lamb's high feast we sing Praise to our vic -
2. Where the Pas - chal blood is poured, Death's dark an - gel
3. Eas - ter tri - umph, Eas - ter joy, Sin a - lone can



1. to - rious King, He has washed us in the tide
2. sheathes his sword; Is - rael's hosts tri - um - phant go
3. this de - stroy; From sin's pow'r do thou set free



1. Flow - ing from his o - pen side; Praise we him, whose
2. Through the wave that drowns the foe. Praise we Christ, whose
3. Souls new-born, O Lord, in thee. Hymns of glo - ry,



1. love di - vine Gives his sa - cred Blood for wine, Gives his
2. blood was shed, Pas - chal vic - tim, Pas - chal bread; With sin -
3. songs of praise, Fa - ther, un - to thee we raise: Ris - en



1. Bod - y for the feast, Christ the vic - tim, Christ the priest.
2. cer - i - ty and love Eat we man - na from a - bove.
3. Lord, all praise to thee With the Spir - it ev - er be.

Text: 77 77 D; *Ad regias Agni dapes*; Latin, 4th cent.; tr. by Robert Campbell, 1814–1868, alt.  
Music: Jakob Hintze, 1622–1702; adapt. by Johann Sebastian Bach, 1685–1750.

## JESUS CHRIST IS RISEN TODAY

EASTER HYMN

1. Je - sus Christ is ris'n to - day,  
2. Hymns of praise then let us sing,  
3. But the pains which he en-dured,  
4. Sing we to our God a - bove, } Al - le - lu - ia!

1. Our tri - um-phant ho - ly day,  
2. Un - to Christ, our heav'n-ly King,  
3. Our sal - va - tion have pro-cured;  
4. Praise e - ter - nal as his love, } Al - le - lu - ia!

1. Who did once up - on the cross,  
2. Who en-dured the cross and grave,  
3. Now he reigns a - bove as King,  
4. Praise him, all ye heav'n-ly host, } Al - le - lu - ia!

1. Suf - fer to re - deem our loss.  
2. Sin - ners to re - deem and save.  
3. Where the an - gels ev - er sing.  
4. Fa - ther, Son, and Ho - ly Ghost. } Al - le - lu - ia!

Text: 77 77 with alleluias; verse 1, Latin, 14th cent.; para. in *Lyra Davidica*, 1708, alt.;  
verses 2–3, *The Compleat Psalmist*, ca. 1750, alt.; verse 4, Charles Wesley, 1707–1788, alt.  
Music: Later form of melody fr. *Lyra Davidica*, 1708.



## REGINA CAELI

REGINA CAELI LAETARE



Re - gí - na cae - li,      lae - tá - re,      al - le - lú - ia,  
*O Queen of heav-en,      be joy - ful,      al - le - lu - ia,*



qui - a quem me - ru - í - sti por - tá - re,      al - le - lú - ia,  
*For he whom you have hum-bly borne for us,      al - le - lu - ia,*



re - sur - ré - xit si - cut di - xit,      al - le - lú - ia,  
*Has a - ris - en, as he prom-ised,      al - le - lu - ia,*



O - ra pro no - bis De - um,      al - le - lú - ia.  
*Of - fer now our prayer to God,      al - le - lu - ia.*

Text: Irregular; Latin, 12th cent.; tr. by C. Winfred Douglas, 1867–1944, alt. Music: Chant, Mode VI; fr. the *Liber Cantualis*, 1983.



## SING WITH ALL THE SAINTS IN GLORY

HYMN TO JOY



1. Sing with all the saints in glo - ry, Sing the res - ur -
2. Oh, what glo - ry, far ex - ceed - ing All that eye has
3. Life e - ter - nal! heav'n re - joic - es: Je - sus lives who
4. Life e - ter - nal! O what won - ders Crowd on faith; what



1. rec - tion song! Death and sor - row, earth's dark sto - ry,
2. yet per - ceived! Ho - liest hearts for a - ges plead - ing,
3. once was dead; Join with all the heav'n - ly voic - es;
4. joy un - known, When, a - mid earth's clos - ing thun - ders,



1. To the form - er days be - long. All a - round the
2. Nev - er that full joy con - ceived. God has prom - ised,
3. Child of God, lift up your head! Pa - tri - archs from
4. Saints shall stand be - fore the throne! Oh, to en - ter



1. clouds are break - ing, Soon the storms of time shall cease; In God's
2. Christ pre - pares it, There on high our wel - come waits; Ev - 'ry
3. dis - tant a - ges, Saints all long - ing for their heav'n, Proph - ets,
4. that bright por - tal, See that glow - ing fir - ma - ment, Know, with



1. like - ness, peo - ple wak - ing, Know the ev - er - last - ing peace.
2. hum - ble spir - it shares it, Christ has passed th'e - ter - nal gates.
3. psalm - ists, seers, and sa - ges, All a - wait the glo - ry giv'n.
4. you, O God im - mor - tal, Je - sus Christ whom you have sent!

Text: 87 87 D; 1 Corinthians 15:20; William J. Irons, 1812–1893; fr. *Psalms and Hymns*, 1873, alt.  
Music: Ludwig van Beethoven; adapt. by Edward Hodges, 1796–1867.



## THE STRIFE IS O'ER


VICTORY

Refrain




Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

Verses



1. The strife is o'er, the bat - tle done; Now is the Vic - tor's  
2. On the third morn he rose a - gain, Glo - rious in maj - es -  
3. O Ris - en Lord, all praise to thee, Who from our sin has



to Refrain

1. tri - umph won; O let the song of praise be sung: Al - le - lu - ia!  
2. ty to reign; O let us swell the joy - ful strain: Al - le - lu - ia!  
3. set us free, That we may live e - ter - nal - ly! Al - le - lu - ia!

Text: 888 with alleluias; *Finita iam sunt praelia*; Latin, 12th cent.; tr. by Francis Pott, 1832–1909, alt. Music: Giovanni da Palestrina, 1525–1594; adapt. by Willam H. Monk, 1823–1889.



# VICTIMAE PASCHALI LAUDES

VICTIMAE PASCHALI LAUDES

1. Ví - cti-mae pa-schá - li lau-des ím - mo-lent Chri-sti - á - ni.

2. A - gnus re - dé - mit o - ves: Chrí - stus ín - no - cens Pa - tri  
3. Mors et vi - ta du - él - lo con - fli - xé - re mi - rán - do:

2. re - con - ci - li - á - vit pec - ca - tó - res.  
3. dux vi - tae mór - tu - us, re - gnat vi - vus.

4. Dic no - bis Ma - rí - a, quid vi - dí - sti in vi - a?  
6. An - gé - li - cos te - stes, su - dá - ri - um, et ve - stes.

5. Se - púl - crum Chri - sti vi - vén - tis,  
7. Sur - ré - xit Chri - stus spes me - a:

5. et gló - ri - am vi - di re - sur - gén - tis:  
7. prae - cé - det su - os in Ga - li - laé - am.

8. Sci-mus Chri-stum sur - re - xís - se a mór - tu - is ve - re:

8. tu no - bis, vi - ctor Rex, mi - se - ré - re.

A - men. Al - le - lú - ia.



[Listen to the Hymn \(Latin\)](#)

[Listen to the Hymn \(English\)](#)

## YE SONS AND DAUGHTERS

O FILII ET FILIAE

Refrain

Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

Verses

1. Ye sons and daugh - ters, let us sing! The King of heav'n, the  
2. That Eas - ter morn, at break of day, The faith - ful wom - en  
3. An an - gel clad in white they see, Who sat, and spoke un -  
4. That night the a - pos - tles met in fear; A - midst them came their  
5. When Thom - as first the tid - ings heard, How they had seen the  
6. "My pierc - èd side, O Thom - as, see; My hands, my feet, I  
7. No long - er Thom - as then de - nied, He saw the feet, the  
8. How blest are they who have not seen, And yet whose faith has  
9. On this most ho - ly day of days, To God your hearts and

to Refrain

1. glo - rious King, O'er death to - day rose tri - umph - ing.  
2. went their way To seek the tomb where Je - sus lay.  
3. to the three, "Your Lord has gone to Gal - i - lee."  
4. Lord most dear, And said, "My peace be on all here."  
5. ris - en Lord, He doubt - ed the dis - ci - ples' word.  
6. show to thee; Not faith - less, but be - liev - ing be."  
7. hands, the side; "Thou art my Lord and God," he cried.  
8. con - stant been, For they e - ter - nal life shall win.  
9. voic - es raise, In laud, and ju - bi - lee and praise.

Al - le - lu - ia!

Text: 888 with alleluias; attr. to Jean Tisserand, d. 1494; tr. by John M. Neale, 1818–1866, alt. Music: Chant, Mode II; *Airs sur les hymnes sacrez, odes et noëls*, 1623.

# Divine Mercy

## Sunday

In a series of revelations to St. Maria Faustina Kowalska in the 1930s, our Lord called for a special feast day to be celebrated on the Sunday after Easter. Today, we know that feast as Divine Mercy Sunday, named by Blessed John Paul II at the canonization of St. Faustina on April 30, 2000.

[Coloring](#)

[Pages](#)



[Watch a video  
about the image](#)

### The Image of the Divine Mercy

In 1931, our Lord appeared to St. Faustina in a vision. She saw Jesus clothed in a white garment with His right hand raised in blessing. His left hand was touching His garment in the area of His Heart, from whence two large rays came forth, one red and the other pale. She gazed intently at the Lord in silence; her soul filled with awe and great joy. Jesus said to her: “Paint an image according to the pattern you see, with the signature: *Jesus, I Trust in You*. I promise that the soul who venerates this image will not perish. The red ray represents Christ’s Blood and the pale ray represents the water which washes away our sins – the two rays issued forth when the Sacred Heart was lanced.



## The Chaplet and the Novena

In 1935, St. Faustina received a vision of an angel sent by God to chastise a certain city. She began to pray for mercy, but her prayers were powerless. Suddenly she saw the Holy Trinity and felt the power of Jesus' grace within her. At the same time she found herself pleading with God for mercy with words she heard interiorly. Jesus taught her how to intercede for others, calling on His Divine Mercy. He showed her that these prayers were not just for her but for the whole world.

You can learn to pray the Divine Mercy Chaplet [here](#).  
A beautiful sung version of the Chaplet is available [here](#).

The Lord also asked that a Novena to the Divine Mercy be prayed. If said in preparation for Divine Mercy Sunday, the novena begins on Good Friday.

The [Divine Mercy Novena can be found here](#) or [here as a PDF](#).



### The Hour of Mercy

In His revelations to St. Faustina, Our Lord asked for a special prayer and meditation on His Passion each afternoon at the three o'clock hour, the hour that recalls His death on the cross. "At three o'clock, implore My mercy, especially for sinners; and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony. This is the hour of great mercy. In this hour, I will refuse nothing to the soul that makes a request of Me in virtue of My Passion (Diary, 1320).

He asked her (and us) to make the Stations of the Cross in this hour, or to at least step into the chapel for a moment and adore Him, truly present in the Most Blessed Sacrament.

## THERE'S A WIDENESS IN GOD'S MERCY

IN BABILONE



1. There's a wide-ness in God's mer - cy Like the wide-ness
2. For the love of God is broad-er Than the mea-sures
3. Trou-bled souls, why will you scat - ter Like a crowd of



1. of the sea; There's a kind - ness in his jus - tice
2. of our mind, And the heart of the E - ter - nal
3. fright - ened sheep? Fool - ish hearts, why will you wan - der



1. Which is more than lib - er - ty. There is plen - ti - ful re -
2. Is most won - der - ful - ly kind. If our love were but more
3. From a love so true and deep? There is wel - come for the



1. demp-tion In the blood that has been shed; There is
2. sim - ple We should take him at his word, And our
3. sin - ner And more grac - es for the good; There is



1. joy for all the mem-bers In the sor - rows of the Head.
2. lives would be thanks - giv - ing For the good-ness of our Lord.
3. mer - cy with the Sav - ior, There is heal - ing in his blood.

Text: 87 87 D; Frederick W. Faber, 1814–1863, alt.  
Music: *Oude en Nieuwe Boerenlities*, c. 1710.

*O Soul, whoever you may be in this world,  
even if your sins were as black as night,  
do not fear God, weak child that you are,  
for great is the power of God's mercy.*



# O MERCIFUL REDEEMER

THAXTED



O Merciful Redeemer  
Whom yet unseen we love,  
O Name of might and favour  
All other names above !  
O bringer of salvation  
Who wondrously hath wrought  
Thyself the revelation  
Of love beyond all thought !  
We worship Thee and bless Thee!  
To Thee alone we sing!  
We praise Thee and confess Thee,  
Our gracious Lord and King!

In Thee all fullness dwell-eth,  
All grace and power divine !  
The glory that excell-eth  
O Son of God is Thine !  
O grant the consumation  
Of this our song above  
In endless adoration  
And everlasting love!  
Then shall we praise and bless Thee  
Where perfect praises ring,  
And evermore confess Thee  
Our Saviour and our King!



THE ROMAN CATHOLIC  
DIOCESE OF PHOENIX

The Most Reverend Thomas J. Olmsted *Bishop*

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